# **The Kristine Pettoni Foundation**

Helping moms get back to work



## **Accelerate Program**

For mothers seeking to build essential career skills and confidence, this program provides the **foundational knowledge and personalized support** needed to enter or return to the workforce with confidence. Accelerate's comprehensive lessons and personalized advisory support develops or enhances career preparedness skills.

### **Topics Covered:**

- Introduction to Business Technologies
- Budgeting and Personal Finance
- Resume Building and Social Media Optimization
- Job Search and Networking
- Interview Skills and Salary Negotiation
- Imposter Syndrome and Work-Life Balance

## **Get Started Today**

Download on-demand lessons from our website. Choose the lessons that match your needs and complete them at your own pace. Request personalized one-on-one advisor meetings to help hone new skills.

The KPF recognizes the unique challenges that mothers face in balancing work and family responsibilities, and tailor our programs to meet career and financial readiness. Get started today!



## **Elevate Program**

For mothers who have completed Accelerate lessons and are ready to take the next step toward career advancement and financial independence. Elevate offers the opportunity to apply for a grant of up to \$10,000 to be used on approved expenditures.

### **Eligibility:**

- 18 or older, identifies as female and a mother
- Annual income less than \$64,000
- Has secure housing
- Resides in the greater Atlanta, GA area
- Holds at least a high school diploma or GED
- US citizen proficient in English
- Not actively enrolled in a wellness program
- Complete 3 or more Accelerate lessons (must include budgeting and personal finance lesson), apply for up to \$4,000
- Complete all 6 Accelerate lessons, apply for up to \$10,000

#### How It Works:

Program applicants present a proposal for how they will utilize the grant funds. Approved uses include (but are not limited to): Expenses related to career advancement or education, childcare expenses, transportation costs for commuting related to career advancement or education, technology such as a laptop or software, tools and resources specific to your career, business startup expenses, professional certifications.

For further questions, please reach out to: INFO@KPFWOMAN.ORG