



## **Accelerate Program FAQ**

### **What is the Accelerate Program?**

The Accelerate Program is designed for mothers looking to build essential career skills and confidence. It provides foundational knowledge and personalized support to help participants enter or return to the workforce with the skills needed for success. The program focuses on developing or enhancing career preparedness skills through comprehensive lessons and advisory support.

### **Who is the program for?**

The Accelerate Program is specifically for mothers who want to either start or re-enter their careers. Whether you're transitioning into a new field, rejoining the workforce after a break, or seeking to upskill, this program provides the tools and confidence you need.

### **What topics are covered in the program?**

The Accelerate program includes a wide range of career-focused topics.

- Introduction to Business Technologies
- Budgeting and Personal Finance
- Resume Building and Social Media Optimization
- Job Search and Networking
- Interview Skills and Salary Negotiation
- Imposter Syndrome and Work-Life Balance

### **How do I start the Accelerate Program?**

You can start today by downloading the on-demand lessons from our website [www.kpffwoman.org](http://www.kpffwoman.org). Simply choose the lessons that match your current needs and complete them at your own pace. Mothers who need additional support, can also request personalized one-on-one advisory meetings with our team.



**Do I have to complete all the lessons?**

No, the program is flexible. You can choose the lessons that are most relevant to your career goals. If you'd like guidance on which lessons to start with, reach out to us at [info@kpfwoman.org](mailto:info@kpfwoman.org) and our team can help create a personalized learning plan for you.

**Can I get personalized support?**

Yes! In addition to the on-demand lessons, mothers can request one-on-one meetings with advisors to help you practice and refine the skills you learn. These meetings are tailored to your unique career situation and can focus on any area where you need extra guidance.

**How long does the program take to complete?**

The Accelerate Program is self-paced, allowing you to work through the lessons at your own speed. Whether you have a few weeks or several months, you can tailor the program to fit your schedule.

**What if I have never used business technologies before?**

That's okay! The "Introduction to Business Technologies" lesson covers the basics and will walk you through the key tools and platforms used in today's workplace. No prior experience is required.

**How much does it cost?**

The program is free of charge. You can access all of the lessons and advisor support without any financial commitment.

**How do I request a meeting with an advisor?**

You can request a one-on-one advisory meeting through our website, [www.kpfwoman.org](http://www.kpfwoman.org). After completing one or more lessons, simply fill out the meeting request form, and one of our team members will reach out to schedule a convenient time to connect.



**What results can I expect from the Accelerate Program?**

By completing the Accelerate Program, you can expect to develop key career skills, boost your confidence, and prepare yourself to navigate job searches, networking, interviews, and more.

**Can I participate if I'm not in Atlanta, GA?**

Yes! The Accelerate Program is available to mothers regardless of location. The lessons are fully online, and advisory meetings can be conducted virtually.

**What makes Accelerate different from other career programs?**

Accelerate is specifically designed for mothers, with a strong focus on flexibility and personalized support. The program understands the unique challenges mothers face when re-entering the workforce and provides a supportive environment to develop the skills and confidence needed to succeed.